

# **Catherine Wilson's January 2021 article: "Why Epicureanism, Not Stoicism, Is The Philosophy We Need Now"**

**Post by "Elayne" of January 15, 2021 at 9:05 AM**

[Don](#) -- use the whole context of the philosophy. Epicurus never places anything greater than pleasure. He is saying we can actually experience total-- perfect-- pleasure. That it's not abstract. The profligates are not going far enough! They are leaving some of their pleasure on the table.

It is hard for people today to drop the middle path ideas they've been inculcated with. EP is not a middle path. It's a path of the most extreme, total pleasure, experienced by humans in reality. Epicurus could testify to it because he lived it.