

Catherine Wilson's January 2021 article: "Why Epicureanism, Not Stoicism, Is The Philosophy We Need Now"

Post by "Elayne" of January 14, 2021 at 4:25 PM

[Don](#) then maybe I misunderstood what you said about "teaching us limits"-- because he didn't use it that way.

[Cassius](#) You've lost me ☐. Pleasure being maximized at the absence of pain is not a logic statement at all. It's just a description of observed experience. If he had not felt complete pleasure at least a few times when he couldn't detect any pain, he would have no grounds for such a statement. It would just be a hypothetical.

I knew he was correct when I read it the first time because it agreed with my experience. What he describes is simply a real, achievable condition. It does get interrupted for most if not all of us, but it isn't an imaginary ideal. It's a real experience! If it were not, I would likely have little interest in Epicurus.