

# **Catherine Wilson's January 2021 article: "Why Epicureanism, Not Stoicism, Is The Philosophy We Need Now"**

**Post by "Elayne" of January 14, 2021 at 9:27 AM**

[Don](#) If the awareness of choosing is essential to bliss, then the bliss pill must provide that too-- if anything at all is missing from total pleasure, then it's not a total bliss pill, by definition! If someone else's bliss is not yours, and it's marketed as total bliss for you, then it's false advertising! That would go into my own reasons not to take it, lol-- I would not be convinced there could be a pill that would give complete bliss to a wide variety of individuals.

I don't think you understand PD 10. If you take it in context with the entire body of writings, it is very clear Epicurus places nothing above or equal to pleasure. The problem is that the pleasures of the profligates not only produce more pain than pleasure but that they leave anxiety unaddressed, and thus they can't produce complete pleasure. They leave the pain of anxiety. And he is talking about limits not because of the modern concept of "knowing our limits." He is referring to the understanding that once you have removed all pain, you will be full of maximum pleasure, a real and wonderful feeling, and that we are not (as was argued in his time) forced to seek more and more pleasure endlessly, if there is no pain. He is saying complete pleasure can actually happen for humans.