

On "Happiness" As An Abstraction / "Pleasure" As a Feeling

Post by "Elayne" of January 11, 2021 at 6:53 PM

I did a poll once of my FB friends on whether happiness is a feeling or a concept. They said feeling except for one person. The songs "Don't worry, be happy", "If you're happy and you know it clap your hands"-- these are feeling songs. To use it abstractly is a philosophy attempt to denigrate feeling by saying your happy feeling isn't real happiness-- you should seek an abstract ideal instead. It's the ivory tower against the people, trying to make life esoteric ☐. That's Platonic, to make it abstract.

I use it the way ordinary people do, as an expression of a pleasurable feeling.