

On "Happiness" As An Abstraction / "Pleasure" As a Feeling

Post by "Don" of January 11, 2021 at 5:32 PM

I'm thinking happiness is more of a process or state or condition: the state of a continued subjective sense of well-being or contentment.

"I am happy" has a spectrum of meaning.

That's what I find so intriguing about the range of words translated as happy from the texts: makarios, eudaimonia, then types of happiness like euphrosyne and khara.

"I am happy" has so many shades as to be almost open to meaning anything unless we say "I know it when I see it."