

Miris - by Constantine Cavafy - As Read By Elli

Post by "Don" of January 8, 2021 at 11:47 PM

This stanza of Ithaca rang very Epicurean to me:

Quote

Always keep Ithaca in your mind.

To arrive there is your ultimate goal.

But do not hurry the voyage at all.

It is better to let it last for many years;

and to anchor at the island when you are old,

rich with all you have gained on the way,

not expecting that Ithaca will offer you riches.

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It made me think of Epicurus's instruction to remember the pleasures of your past so you don't grow old. And also the connection between ataraxia and smooth sailing.

Paian Anax! Thanks so much for spurring me to look into his work!