

Reflections on The End-Of-Year Holidays

Post by "Cassius" of January 2, 2021 at 4:26 PM

As we wind down from the Christmas/New Year break and stare at a new work week facing us come Monday, it occurs to me that once again this time, as for the last several years, I approach the holidays with lots of goals and enthusiasm which generally don't come to fruition 😊 I've enjoyed this end-of-year break as much as most any in memory, and yet I didn't get done nearly the number of things that I wanted to get done.

I make this point because I think at least in my case this points to the value of a "routine" in which we methodically live most of the days of our lives and get things done in an orderly way. And I think that's what we need in our Epicurean work too -- a routine of activity which keeps us going during the normal ups and downs of life.

Tonight I am editing the Lucretius podcast for the week and that has given me lots of stability in pressing forward with that despite whatever is going on elsewhere. I hope we can expand the number of projects and people participating in them so we can have more regular contact with each other, and draw more inspiration and fuel from the best we can do with our friendships - "online" as they may be at this point.