

Pleasure and illness

Post by “Cassius” of December 23, 2020 at 7:22 PM

[Quote from Matt](#)

Pleasure is critical to a normative, healthy physical and mental state, no matter how simple or minor it may seem.

Yes, amen, although at the moment I am thinking more in terms of "feeling" or "emotion" -- there is no way to "intellectually" get satisfaction out of life just by playing with and rearranging ideas. Life is about feeling.