

The Tetrpharmakon - Sound Epicurean Doctrine, or Oversimplification?

Post by "Don" of December 6, 2020 at 9:00 PM

One of the reasons I like the Tetrpharmakos is because it's short and easy to memorize in ancient Greek. I find myself reciting it regularly throughout the day.

But another reason I like it is because it challenges me. Is pain **really** easy to endure? Do I believe that? Is pleasure easy to procure? Do I **really** believe - accept - that there's nothing to fear from the gods? That being dead **does** come with no risk? It brings these tenets up to consciousness and makes me confront my doubts and ingrained beliefs.