

The Tetrpharmakon - Sound Epicurean Doctrine, or Oversimplification?

Post by "Cassius" of December 8, 2020 at 6:29 AM

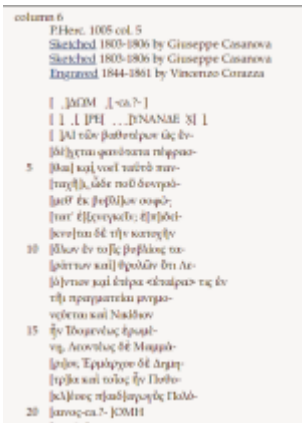
OK that page seems to be the best source.

The four-part cure [edit]

As expressed by Philodemus, and preserved in a [Herculaneum Papyrus \(1005, 4.9-14\)](#), the tetrpharmakos reads:^[4]

Don't fear god,	ἄφοβον ὁ θεός,
Don't worry about death;	ἀνύστανον ὁ θάνατος,
What is good is easy to get,	καὶ τίχθον μὲν εὐκταίον,
What is terrible is easy to endure	τὸ δὲ δεινὸν εὐκαταλήπτον

Is this it?



Don can you make any context out of that?