

Happiness Happens Month

Post by “Patrikios” of August 1, 2026 at 8:40 AM

Aug. 1, 2026 is the beginning of National Happiness Happens month.

Quote

Happiness Happens Month brightens the calendar throughout August, dedicated to celebrating the things that bring you joy. It's a known fact that happiness is contagious, and sharing your happiness can bring a smile to someone's face. Dedicate time to appreciating small moments, engaging in uplifting activities, and spreading positivity to those around you.

<https://nationaltoday.com/happiness-happens-month/>