

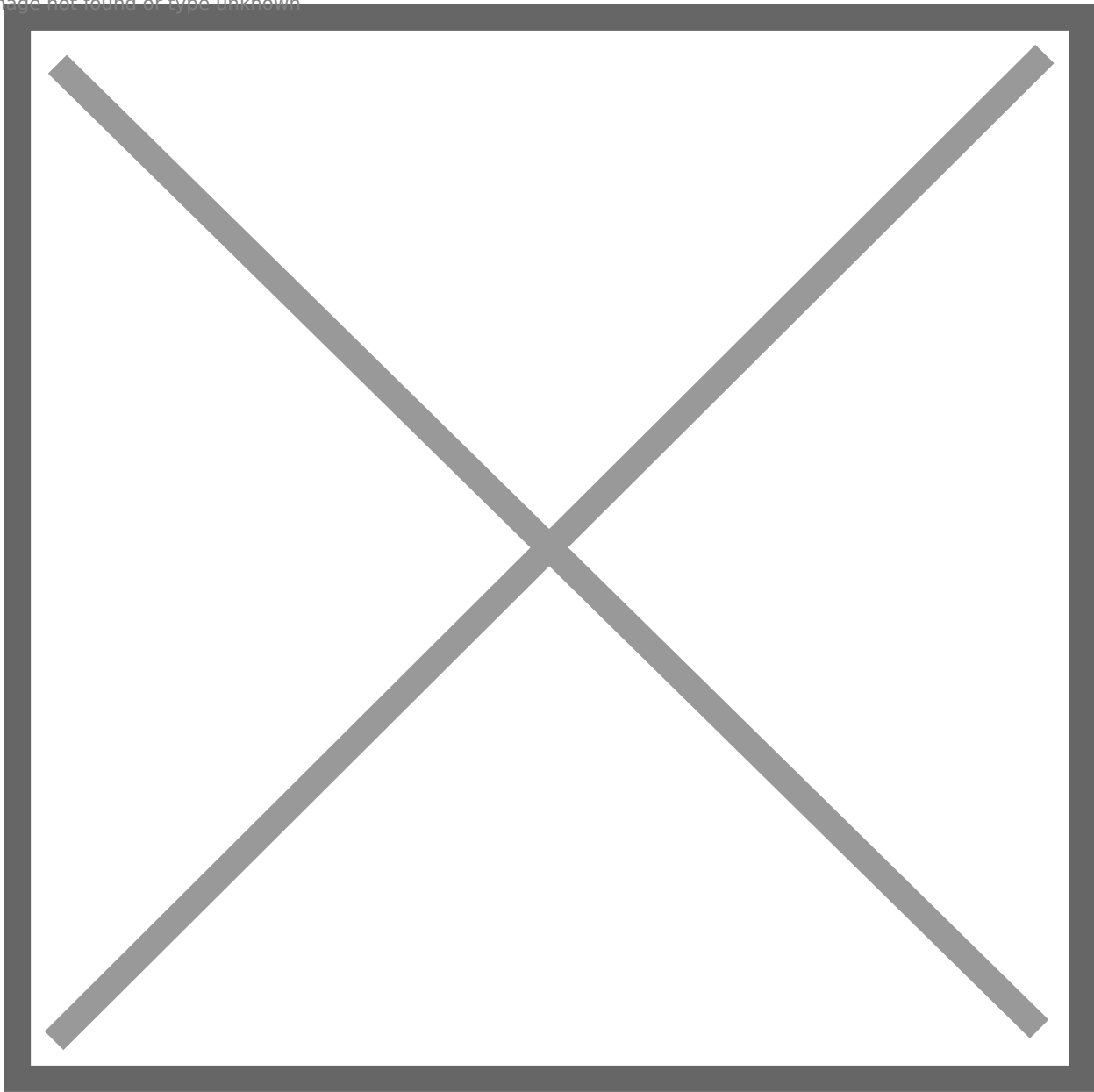
# Positive psychology article of the science of gratitude

Post by "Don" of November 27, 2024 at 8:27 PM

<https://positivepsychology.com/neuroscience-of-gratitude/>

See also

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[What Science Reveals About Gratitude's Impact on the Brain](http://www.epicureanfriends.com/thread/4161-positive-psychology-article-of-the-science-of-gratitude/)

New research sheds light on the physiology of gratitude, bringing us closer to being able to understand and harness the health benefits of this powerful...  
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