

# Recipe For Distraction-Free Web Surfing

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## My Recipe for Distraction-Free Surfing

I use [Firefox ESR](#) as a browser with these plugins:

- [uBlock Origin](#): blocks ads and annoyances everywhere
- [SponsorBlock](#): skip sponsoring on Youtube
- [Clickbait Remover](#): replace Youtube video thumbnails with less flashy ones
- [Youtube Shorts Block](#): remove all Youtube Shorts videos
- [Improve Youtube](#): remove comments, recommendations, ... from Youtube.
- [Toggle Image Animation](#): turn off (looping) animations
- [Smart RSS](#): subscribe to RSS/Atom feeds instead of checking sites manually
- [Sidebery](#): manage countless tabs and bookmarks
- [Dark Reader](#): eye-friendly surfing at night, more comfortable reading
- (Various other settings/plugins, which don't serve to minimise distractions, but improve speed, security, privacy, and special functions)

My Dark Reader plugin is set to +10% Contrast and +50% Grayscale to un-flash the Internet, because flashy colours mean dopamine, dopamine means reinforcement, but flashy colours shouldn't influence my browsing habits, and flashy websites shouldn't make the real world seem dull.