

# Metrodorus - Main Biography

**Post by "Cassius" of November 20, 2023 at 2:59 PM**

"Epicurus had many disciples, but among the most distinguished was first Metrodorus, son of Athenaeus (or Timocrates) and Sande, of Lampsacus. From the time when he first came to know Epicurus he never left him, except when he went to his native city for six months, and then he came back. [23] He was a good man in all respects, as Epicurus too bears witness in prologues to his writings and in the third book of his Timocrates. Such was his character: his sister Batis he married to Idomeneus, and had for his own mistress Leontion the Athenian hetaera. He was imperturbable in the face of trouble and of death, as Epicurus says in the first book of his Metrodorus. They say that he died at the age of fifty-two, seven years before Epicurus, and of this Epicurus gives evidence, since in the will already quoted he makes provision for the care of his children, implying that he had already died. [He had also as a disciple Timocrates, Metrodorus' brother, who has been mentioned already, an aimless person.] [24] Metrodorus' writings were as follows: Three books Against the Physicians. About Sensations. To Timocrates. Concerning Magnanimity. About Epicurus' Ill Health. Against the Logicians. Nine books Against the Sophists. Concerning the Path To Wisdom. Concerning Change. Concerning Wealth. Against Democritus. Concerning Nobility of Birth." [Diogenes Laertius 22-24]

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**Post by "Bryan" of November 21, 2023 at 11:51 PM**

Metrodorus is quoted by Plutarch "It is not necessary to save the Greeks or to get crowns for wisdom from them -- but to eat and to drink wine, O Timocrates, without harming the stomach and cheerfully."

Οὐδὲν δεῖ σῶζειν τοὺς Ἕλληνας οὐδ' ἐπὶ σοφίᾳ στεφάνων παρ αὐτῶν τυγχάνειν -- ἀλλ' ἐσθίειν καὶ πίνειν οἶνον, ὧς Τιμόκρατες, ἀβλαβῶς τῇ γαστρὶ καὶ κεχαρισμένως (Plutarch Non Posse 1098c-d)