

# Thanks y'all for this forum and the podcast

## Post by “Randall Moose” of May 20, 2023 at 4:45 AM

Firstly, thank you for producing the Lucretius Today podcast. I have been catching up since August 2022. Since I was introduced to Epicurus in 2017, I have not met anyone in person who knows of his philosophy. I am thankful that this forum exists. I have always been shy online and I am still studying the basics, so please be patient with me. It took me some time to discover this forum. It has been a wonderful resource.

As recommended, I just finished reading Epicurus and His Philosophy. I am still processing the entire text and I may reread to collect quotes and notes. Overall, I am still absorbing the fundamentals of Epicurus. I am enjoying the process. I do believe that my life has improved since I began my studies.

Going forward, I want to be active on the forum. I really shouldn't be this anxious about it, but I am.

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## Post by “Cassius” of May 20, 2023 at 7:14 AM

First, thanks for letting us know that you enjoy the podcast. One of the reasons we have pushed forward with it even after we finished the first run-through of Lucretius is that I think it helps to hear real live people who approach the philosophy similarly rather than just reading pages in a book or letters on a screen.

Glad to have you reading and listening and please join the conversations wherever you feel appropriate.

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## Post by “Don” of May 20, 2023 at 8:01 AM

Welcome, χαίρε, and salve, [Randall Moose](#) and thank you for the heartfelt introduction to yourself and your path here.

I fully agree with you about the value of the podcast. It has been my honor and pleasure to contribute to those efforts intermittently, but I enjoy listening to every episode. The

freewheeling, informal style established at the very beginning by [Cassius](#), [Martin](#) and the others makes me feel like I'm eavesdropping on a conversation. And to be a part of that conversation is \*always\* a pleasure when I drop by.

[Quote from Randall Moose](#)

I do believe that my life has improved since I began my studies.

Completely agree with you in my life as well!

[Quote from Randall Moose](#)

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Going forward, I want to be active on the forum. I really shouldn't be this anxious about it, but I am.

I look forward to your activity on the forum. I, too, was anxious about engaging online. Your comments inspired me to go back and reread my very first post to the forum on Feb. 25, 2020. I "lurked" for some time before registering an actual account. I used an alias and fully expected to mostly read and only occasionally comment. 😊 Now, 3+ years in , I use my given name, written three articles, am an occasional podcaster, and made connection with wonderful people. I fully agree this forum is a unique and valuable corner of the Internet, and I greatly appreciate [Cassius](#) 's (and more recently [Kalosyni](#) 's) efforts in maintaining it, both the software and content.

Welcome aboard our little boat!