

# Donald Hoffman's Fitness-Beats-Truth Theorem Part 1 (Explainer)

**Post by “Kalosyni” of January 8, 2023 at 12:19 PM**

In a post-podcast [Episode 155](#) discussion, the question came up: "do our senses correctly perceive reality?"

Here is an interesting idea that we have evolved for fitness and not to correctly see reality:

<https://m.youtube.com/watch?v=kiO2vKx6pcl>

There are many videos of Donald Hoffman explaining this idea, a possibly some are better than others. If I find something in addition to this I will add to this thread.

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**Post by “Kalosyni” of January 11, 2023 at 7:39 PM**

Here is an article exploring the validity of Hoffman's ideas:

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### [A Contradiction in Donald Hoffman's \(Idealist\) Fitness-Beats-Truth Theorem](#)

Donald Hoffman claims that the "organism that sees reality as it is goes extinct". So there is a reality after all? And how do this claim...

medium.com