

I'm back.....:-)

Post by "brett" of November 13, 2020 at 1:07 PM

hi Cassius and Susan,

I'm very much like Susan. My interaction was through reading.

Many years ago I was heavily involved in newstoa.com but the leader there was not pleasant to deal with and I left. I've kept in touch over the last 10 years or so with a few stoic friends but my communication with them is very infrequent and surface level.

I do think that the key for EP is to have a lively and POSITIVE social presence that allows for friendships to form and practices and 'slogans' to help folks simply and effectively implement EP in their lives on a daily basis.

Thanks,

Brett