

I'm back.....:-)

Post by "Susan Hill" of November 13, 2020 at 12:44 PM

[Quote from Cassius](#)

Any comments on what you found effective in Stoic World?

I'm afraid I'm not much help there, Cassius. The thing that kept me most motivated in Stoicism was its excellent literature: Seneca, Marcus Aurelius, Epictetus, and then some good modern writers. In comparison, Lucretius is a slow slog for me... I'm in a bind with my pleasure being found mainly in the theology side of things. I've found some excellent essays, but am running out of reading material, and seem to be the sole would-be "practitioner". Maybe Brett has some ideas.