

On "Desires" And Their Relationship To Pleasure

Post by "Godfrey" of September 12, 2020 at 12:33 AM

From this it appears that fears and desires are opposite mental constructs. But there are visceral fears and desires as well. I'm thinking that Epicurus might say at this point that everyone knows from experience what "fear" and "desire" mean; what we need to understand is how to work with them.

Which leads us to the quotes above and to "limits." As we live in a world of atoms and void, limits would be different for each of us. Not the definition, which we know from experience, but where a limit occurs. Would a limit then be the sweet spot at which one achieves maximum pleasure?