

# Epicurean substitute for prayer

Post by "Charles" of September 6, 2020 at 12:02 PM

[Quote from camotero](#)

Regarding my original post, the winner was this:

"We are very thankful

We are very glad

For friends we meet

And food we eat

For home and mom and dad."

Winner because my wife and kid loved it, and we prayed it together and no supernatural beings took part 😄 .

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[Mathitis Kipouros](#) I don't have a suggestion for your kids, however, a few lines from the opening chorus of Handel's *Acis & Galatea* come to mind as possible options for dinner prayers, or "grace".

*For us the zephyr blows,*

*For us distills the dew,*

*For us unfolds the rose,*

*And flow'rs display their hue.*

Or/And

*For us the winters rain,*

*For us the summers shine,*

*Spring swells for us the grain,*

*And autumn bleeds the wine.*

The context of this chorus is that the shepherds & nymphs live in harmony together, living a life of pleasure with lots of callbacks to Lucretius. To them, they take from each thing its most pleasant gift & are happy and grateful for it.

<https://youtu.be/NVMMd3JpTIY?t=333>