

# Characteristics of the Wise Man, 1-9 Rough Draft of Outline

Post by “Don” of May 29, 2020 at 3:37 PM

He was in pain, but there's no way to avoid physical pain if one is in a material body. We get sick. We get injured. But remember what Epicurus wrote:

Quote

"On this **blissful day**, which is also the last of my life, I write this to you. My continual sufferings from strangury and dysentery are so great that nothing could augment them ; but **over against them all I set gladness of mind at the remembrance of our past conversations.**"

So even in the midst of severe physical pain, Epicurus was able to apply his philosophy and experience pleasure. He remained a sage even to the last.

From my perspective, experiencing the fullness of pleasure doesn't mean one is blissed out all the time. That's what I meant about having mastery over your choices and rejections to maximize long-term pleasure. You may be experiencing pain right now, but the sage can - so to speak - keep their eyes on the prize of long-term pleasure. They have an expansive view of their life and aren't bogged down in their present suffering... even though it might be severe (e.g., the response to "torture" characteristics). The sage keeps in mind that severe pain is short, chronic pain has moments of pleasure (at least according to the [Principal Doctrines](#)).