

# Managing Expectations In The Study of Epicurus

**Post by "Don" of May 10, 2020 at 7:22 PM**

When talking about expectations, I would assume that some people can't wrap their heads around Epicurus's distrust (Is that the right word?) of Reason. It's such a mainstay of Western philosophy as it's come down thru the Socratic/Platonic lineage. Epicurus saw the application of prudence to be positive, but it's not part of the Canon. And I think many people can't get over that. Getting people to see that Reason and our cognitive assessments can deceive us could be jarring. We use our "higher" reasoning but should be wary of it.

IF I've characterized Epicurean philosophy circle.