

# Free Will and the Recognition of Pleasure, or the Role of Desire

**Post by "Godfrey" of April 22, 2020 at 3:48 PM**

This seems to confuse desire with pleasure.

From Google, desire is defined as "a strong feeling of wanting to have something or wishing for something to happen." Pleasure is defined as "a feeling of happy satisfaction and enjoyment."

The Epicurean pursuit of pleasure involves understanding and working with desire and could therefore be considered an exercise of free will.