

Meditare mortem & Mindfulness of Death

Post by “Godfrey” of March 6, 2020 at 9:17 PM

A more pleasant practice, aside from Josh's, is semi-regular viewing of the movie Harold and Maude. I haven't watched it in a long, long time though so I'm not aware of where it falls on the philosophical spectrum.

https://en.m.wikipedia.org/wiki/Harold_and_Maude