

# General / Opening - Comments on Existentialism / Nihilism

Post by "Cassius" of January 3, 2020 at 9:28 AM

[Quote from Mike Anyayahan](#)

As I understood it, the primacy of existence only means that every essence is just an illusion.

Although "illusion" probably works, would it be also proper to say that "essence" is simply a construct of the human mind, and has no independent existence apart from being a human construction?

I think that is the position I sense Epicurus to be taking, and the position I view as correct -- whether or not the "Existentialists" would agree is another question I suppose.