

# **General / Opening - Comments on Existentialism / Nihilism**

**Post by “Mike Anyayahan” of January 3, 2020 at 7:34 AM**

[Cassius](#) Knowing how existentialism condemns abstraction and objectification, I am pretty sure it doesn't have any Aristotelian nor Platonic value. It simply means knowledge or idea. The point is that there is no absolute and abstract knowledge before and after we exist.