

The Difference Between Happiness and Pleasure

Post by "Cassius" of January 14, 2018 at 8:19 AM

This is what I posted to the Facebook page:

Don't accept ambiguities and "nothing but words" as the definition of Pleasure. "Pleasure" isn't a word game, but a wide term that includes all the mental and physical experiences we all feel it includes. Here is Epicurus stating that exact point: "I have often inquired of those who have been called wise men what would be the remaining good if they should exclude from consideration all these pleasures [pleasures which are perceived by taste, or from what depends on hearing music, or abstracted from ideas raised by external objects visible to the eye, or by agreeable motions, or from those other pleasures which are perceived by the whole man by means of any of his senses], unless they meant to give us nothing but words. I could never learn anything from them; and unless they choose that all virtue and wisdom should vanish and come to nothing, they must say with me that the only road to happiness lies through those pleasures which I mentioned above."

These are reliable quotes directly from Epicurus himself, according to Cicero, as recorded in Tusculan Disputations. Check for yourself the full text here: <http://www.archive.org/stream/cu31924...arch/translator>

Here is a text version of the wider passage from [Cicero's Tusculan Disputations](#):

[Addressed to Epicurus]: This is what you say in that book which contains all the doctrine of your school; for I will perform on this occasion the office of a translator, lest any one should imagine that I am inventing anything. Thus you speak: "Nor can I form any notion of the chief good, abstracted from those pleasures which are perceived by taste, or from what depends on hearing music, or abstracted from ideas raised by external objects visible to the eye, or by agreeable motions, or from those other pleasures which are perceived by the whole man by means of any of his senses; nor can it possibly be said that the pleasures of the mind are excited only by what is good, for I have perceived men's minds to be pleased with the hopes of enjoying those things which I mentioned above, and with the idea that it should enjoy them without any interruption from pain." And these are his exact words, so that any one may understand what were the pleasures with which Epicurus was acquainted. Then he speaks thus, a little lower down: "I have often inquired of those who have been called wise men what would be the remaining good if they should exclude from consideration all these pleasures, unless they meant to give us nothing but words. I could never learn anything from them; and unless they choose that all virtue and wisdom should vanish and come to nothing, they must say with me that the only road to happiness lies through those pleasures which I mentioned above." What follows is much the same, and his whole book on the chief good everywhere abounds with the same opinions

<http://www.epicureanfriends.com/thread/283-the-difference-between-happiness-and-pleasure/?postID=525#post525>