

Welcome Wynnho!

Post by “wynnho” of November 5, 2019 at 6:23 PM

forgot to check my spam folder, but Seahat at Discord reminded me to do so. Charles at Discord asked us to sign in here. I was sent to the Discord group from the Reddit group.

I read about a few philosophers and liked Epicurus, Nietzsche, and Ayn Rand best....wait, I like the Taoist philosophy best, but find a bit too much "woo", spirituality, and Buddhism in those groups.

Epicurus seems most practical and I am pursuing his ideas to get practical ways to live.

I am an INTP and have read that I jibe with SIMPLICITY and I think that is 100% accurate.

I am not that interested in the history or epistemology of Epicurus. I have other things I want to do with my time. So, I am here hoping to see how others, including the ancients, have made their lives as content and simple as possible.

There are only one or two things i can't agree with Epicurus on (or maybe just don't have the self-control for....such as having lots of companions around), but over all, his ideas for contentment seem logical to me.

I am a life long atheist. If I had to, at gun point, chose a religion, I'd chose pantheism. I see a profound beauty in nature. I believe in Infinity and that all life forms are energy that merely morphs into different forms and that thoughts otherwise may be ego- and fear-based.

I think I have read bits and pieces of your above reading list over the years.

Less than a year ago, I downloaded, read, and highlighted many great articles on Epicurus (my new favorite way to read), but damaged that flash drive with the files....I will make another...ugh.

I will probably be cutting and pasting stuff from your sight into such a file....i put my favorite ideas for more frequent reading at the top of such Word docs...i.e., I won't be reading books, just online stuff. i learn better this way...or, at least, keep info more organized and handy.