

# The Difference Between Happiness and Pleasure

Post by "Cassius" of January 13, 2018 at 6:55 PM

That ["Full cup" page at NewEpicurean](#) has IMO a tremendous amount of good material cited, but I've never developed it as it needs in terms of a narrative and argument. It's a huge issue and deserves a book and/or years of work on it and nothing else, especially digging into the material that is available through Gosling & Taylor's *Greeks on Pleasure*. [Boris Nikolsky's article "Epicurus On Pleasure"](#) is also an important stepping stone, and he does the professional job of building up the argument that the supposed kinetic/katestematic division is not really Epicurean. So much more remains to be done on that.