

# Calculus, Minimalism, Consumerism, Finding the Path

**Post by “Garden Dweller” of October 17, 2019 at 3:09 PM**

In order to use reason to live a life worthy of the gods, one applies rational decisionmaking to ones life. Rational decisionmaking is based on the philosophy of Epicurus and involves selecting one's behavior and activities, including:

Which activities we choose to do each day

Which people we associate with

How we speak to and treat other people

Recognizing nature through our senses

Distinguishing between pleasure and pain, and determining which actions or events led to the experience of pleasure or pain