

# **Psychology Today Article: "Frederick the Happy: The Old Fritz was an Epicurean."**

**Post by "Joshua" of August 25, 2019 at 7:53 PM**

I'm somewhat disappointed there's no audiobook for Blanning's biography, I was hoping to have a listen!

Frederick the Great figured prominently in some of the European History courses I took, but I had no idea of this side of him.