

Opening Discussion of Kelly Arenson's "Health And Happiness In Plato And Epicurus"

Post by “Godfrey” of July 31, 2026 at 5:59 PM

Going back to [Matteng](#) 's post and [Cassius](#) ' response... The reasoning behind pleasure as the goal is that we are embodied human beings, and pleasure and pain are our guidance system. If a hypothetical removes or bypasses that constraint then the hypothetical serves no purpose for us. As long as it maintains that constraint then it may be worth our time and energy to ponder it.