

Discussion of the thread - Against Katastematic Supremacy - Pleasure Is A Unified Whole And Not A House Divided - Forum Editorial Policy

Post by “Kalosyni” of July 30, 2026 at 1:41 PM

[Cassius](#) as you wrote in post 24 above, I've now tried to briefly summarize this, and we may need to make this even more prominent...

Here is a possible wording, and which you may need to edit this:

The EpicureanFriends forum policy is intended to make sure that the clarity of the objective (the Epicurean summum bonum) *as being pleasure*, is not lost by substituting something else as the "supreme good."

Epicurus embraced all varieties of pleasure (active, resting, etc.) as part of a happy life. When we understand that "a life of happiness is a life of pleasure" we don't allow that to be qualified or modified to say "a life of happiness is a life of *minimalist* pleasures"; or "a life of happiness is a life of *tranquility*"; or "a life of happiness is a life of *ataraxia*"; or any other formulation that implies that some concept other than pleasure is actually the supreme good. Any post asserting a "minimalist" stance toward pleasure falls outside of this forum's understanding of [Classical Epicurean Philosophy](#).