

Discussion of the thread - Against Katastematic Supremacy - Pleasure Is A Unified Whole And Not A House Divided - Forum Editorial Policy

Post by “Cassius” of July 18, 2026 at 5:08 PM

My posting of this earlier in this thread and Pacatus' reminder have in turn reminded me that this is where we were in 2019 - almost seven years ago to the day.

We've come a long way since then - in many ways forward - but we still don't have many articles / posts here that are as on target on this topic as this one. I have now added it to the front page as one of the featured blue buttons to call more attention to it.



Blog Article

On Pain, Pleasure, and Happiness

Not "absence of pain" as a full statement of the goal of life, but "the Feelings are two, pleasure and pain" and "Pleasure is the beginning and the end of a happy life."

Brief: The feelings are only two, pleasure and pain—there is no third state such as neutral, and there are no "fancy pleasures" which are different from regular pleasures. Because there is no neutral, reducing pain in life is only possible if there is a corresponding increase in pleasure. The extent of pleasure can be...

Elayne

July 15, 2019 at 7:31 PM

<http://www.epicureanfriends.com/thread/5179-discussion-of-the-thread-against-katastematic-supremacy-pleasure-is-a-unified-wh/?postID=40766#post40766>