

World's Worst Epicurus Videos

Post by "Cassius" of July 6, 2026 at 3:37 PM

Note: I have just added the following to the first post in this thread:

I have been asked to explain why I would post a thread about "Worst" videos on Epicurus. The reason is that as this website has clearly stated on its masthead for over ten years, our purpose is to study and promote Epicurean philosophy. That includes defending Epicurus and calling out falsehoods when they occur and when it makes sense to do so. Youtube videos are very examples for discussion.

You will recall that our current front page describes the website mission in this way:

Quote

"EpicureanFriends.com is an internet community dedicated to the study and promotion of [Classical Epicurean Philosophy](#). Just as Epicurus taught, our foundation is built on the study of Nature and reliance on the senses as sufficient for obtaining knowledge of the universe. Unlike Stoicism or Aristotelianism, which bear some superficial similarities, Epicurus affirmed that Nature has no mystical forces over it, so there is no supernatural basis for virtue or morality. Rather than virtue as an end in itself, Epicurus held that Nature calls all living things to pursue **Happiness understood as a life of Pleasure** as the goal of life. Therefore rather than "Ataraxia," "Tranquility," "Virtue," "Piety," "Minimalism," "Asceticism," or any other "Ism," we focus on what Epicurus actually taught, not on developing our own eclectic blends through freelancing, *especially not with Buddhism, Stoicism and Humanism.*

The videos that follow in this thread are simply awful - they are woefully incorrect and discredit Epicurus by associating him with ideas that are among the list in the box above. While it might be disturbing for some people here to watch these, it is in fact true that in overcoming obstacles, *what doesn't kill us does make us stronger*. The true teachings of Epicurus are hotly contested today, and we have to understand the opposing frameworks if we are to diagnose errors and correct them in our own minds.

Those who can go through these videos and immediately spot the Stoic, Buddhist, Ascetic, and Tranquillist presumptions are far ahead of the game in understanding what Epicurus is all about.

There are many other such videos and over time I'll probably add more, but we can also discuss any questions about these in this thread.