

Welcome Max Duboff

Post by “Max DuBoff” of July 5, 2026 at 3:35 PM

[Quote from Don](#)

[Quote from Cassius](#)

We're packing a lot into this conversaton already



LOL Ya think so?

We have to be careful and *not* conflate pleasures with desires. There are **not** necessary, natural, and empty *pleasures*. There **are** necessary, natural, and empty *desires*.

Anything that brings pleasure is good, but some pleasures are not worthy to be chosen due to the pain they bring in their wake.

100% agree with this, Don.

Also, in response to Pacatus, yes, pleasures/pain (i.e., *pathē* in the epistemological sense) are closely linked to sense-perceptions (*aisthēseis*). That has to be true even for *katastematic* pleasures.