

Welcome Max Duboff

Post by "Cassius" of July 5, 2026 at 3:05 PM

8. This is a non-specialist text, so I have chosen not to wade into the dispute about katastematic and kinetic pleasures in the body of the text. A specialist will recognize that I am adopting a view roughly in line with [Gosling and Taylor \(1982\)](#) and [Arenson \(2019\)](#). On my reading, katastematic pleasures are sensory pleasures that issue from confidence in one's ability to satisfy one's necessary desires and an awareness of one's healthy psychological functioning; choice-worthy kinetic pleasures are the various pleasures consistent with maintaining healthy functioning, and those pleasures vary, but do not increase healthy psychological functioning.