

Welcome Max Duboff

Post by “Max DuBoff” of July 5, 2026 at 2:46 PM

[Quote from wbernys](#)

[Quote from Cassius](#)

with one side incorporating joy and delight along with tranquility into the wider concept of pleasure as all that is desirable,

This is a great summarization of my views, along with what I believe Epicurus believed.

Someone feeling perpetual joy or delight is not in any way *inferior* or *superior* to feeling constant Serenity or Tranquility. Both are equally Pleasant. Kinetic and Katastematic pleasures are variations of pleasure. Pretty sure this is Austin's view and Gosling and Taylor's as well. They are variations of the same condition, Epicurus recognized this variation (Disagreeing with Kolosky) but didn't consider it a huge deal.

This is why Tranquility is not the absolute goal, but any continuous Pleasant state, whether it be either constant Tranquility/Serenity or Joy/Delight.

Although I think practically Epicurus more so focused on what prevents tranquility when we rest (our fears and vices). But as he says in PD 10, if one removes these fears and vices by constant debauchery or joy, it's equally valid.

Do you agree [Max DuBoff](#)?

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Ahh, no, I disagree, for a pretty simple reason: feeling perpetual joy or delight is quite consistent with having lots of fear and pain. So the pleasure isn't pure/unmixed. (The uses of this term are a little unclear, but it does seem to play a role.)

If, for the sake of argument, someone could just have kinetic pleasure all the time, it's a good question whether that'd be desirable; I think yes (based on KD 10). But that's not the world we live in, because as a matter of fact kinetic pleasures do bring fears and pains. So maybe this is a theoretical/actual world dispute.