

Welcome Max Duboff

Post by “Max DuBoff” of July 5, 2026 at 2:42 PM

[Quote from Cassius](#)

Here's another example I just noted from the signature line used by Elli, one of our members from Greece:

Beauty and virtue and such are worthy of honor, if they bring pleasure; but if not then bid them farewell!

Should we tell her that that's not accurate, and that she should change it to:

Beauty and virtue and such are worthy of honor, if they bring tranquility, but if not then bid them farewell.

Hmm, no, I think there's still a misunderstanding. All pleasure is good, full stop.

When we deliberate (which happens quite frequently, of course), we need to figure out which pleasures to prioritize, and we do so based on the pleasure that makes for the best life. That's ataraxia (and aponia). Sometimes when Epicurus says "pleasure" he has in mind all pleasure; sometimes he's most interested in the highest pleasure.