

Welcome Noah Calderon

Post by “Noah Calderon” of June 26, 2026 at 10:51 AM

Hello everyone and especially the mod team. I just wanted to add a post here because it has been a year (and I don't want to be mistaken as inactive, even though I haven't posted).

Over the past 12 months I have read Norman DeWitt's *Epicurus and His Philosophy* as well as Emily Austin's *Living For Pleasure*. The former was pretty dense and historical for me, but very informative. The latter gave me a pretty good reading list in the very beginning of all the texts which I ended up putting into a to-read list of sorts that I'm working through now. It was also very approachable.

Despite this I find it very difficult to find places where I can provide a valuable input on the forum. I feel like most of my questions will eventually be answered by reading more. I don't know if this is reasonable approach given the emphasis Epicurus placed on personal development through social bonds specifically, but I am quite shy.

Anyway, just wanted to say that this is still my philosophy of choice and I am enjoying the process of learning and growing my practical understanding of it.

Thank you for maintaining the forum!