

Welcome AlteFrau!

Post by "Cassius" of June 8, 2026 at 1:59 PM

Welcome AlteFrau! Thank you for the information and condolences on your father.

We've had some discussions on the forum recently that nudge me in the direction of letting you know that there are far more Nietzschean outlooks here than Schopenhauer, but that can wait. If you're familiar with Epicurus mainly because of his reputation as a healer of pain, that's understandable, especially given your recent events.

Over time I hope we can nudge you to the view that there are two sides of this coin, and that focusing on pleasure as the ultimate goal is sounder and more effective than focusing on relief from pain. But there is a time and a place for everything, and there are times when relief from pain is the understandable priority.

Welcome to the forum and thank you for taking an interest in it.