

Welcome CelestineEyes!

Post by "Cassius" of June 6, 2026 at 4:45 AM

CelestineEyes tells us:

Hi,

I've been following Stoic philosophy for years and I was a coach with Albert Ellis 30 years ago. I've been studying epicureanism for a while and just recently got back into it. I live in Europe right now and I noticed that the eat drink and be merry is wonderful, but drunkenness everyday is never the solution. So lately I've been focusing more on dr Emily Austin's audios and similar messages. I'm 62 years old + I'm both American and Australian.