

# Eudaimonia and Makariotēs in the Letter to Menoecus

Post by "Cassius" of May 31, 2026 at 6:58 AM

[Quote from Kalosyni](#)

Cassius I wonder if you somehow conceive of happiness being an unpleasant state??

I don't think I understand the question. The only reason why happiness or blessedness or anything else is desirable in the first place is **BECAUSE** is is a state or condition of pleasure.

That's what the "war of words" with rest of the world is all about.