

Defense of all mental pleasure and pain being based in the body.

Post by “wbernys” of May 22, 2026 at 4:46 AM

[Quote from Don](#)

The only summary statement I'd offer is that all pleasure had/has to be bodily in the broadest sense since we exist as mind and body as a whole and we experience everything within our a physical existence.

I think this quote interprets Torquatus as saying that the mind is apart of the body, and without it the mind cannot exist, and therefore is still physical. If it is that interpretation, i disagree. Feel free to correct me. Obviously the internet sometimes makes this difficult to understand each other's views.

I think Torquatus is making a very careful distinction between body and mind, after all if he was saying in his speech that "all experience requires we exist" which i think is what you are saying that he (Torquatus) is saying, where would the controversy be? Why the disagreement with Cyrenaicism?

Rather i think Torquatus is making the more striking idea that all mental pleasures and pains are based on the five senses specifically in either recollection, present experience, or anticipation of sensations of sight, sound, touch, etc. Which i sought to defend.

Post-Mortem concern being based on fears or hopes of seeing good sights (literally) in the future, after one dies, like family prospering. Guilty conscience based on fear of "bad sights" (literally).