

Alex O'Connor made a video about us.

Post by “wbernys” of May 4, 2026 at 9:20 PM

[Quote from Don](#)

I see the guest is coming out with a new book:

I saw too. Nice to hear. All around a pretty good interview. Got off topic a lot though but I love how he pointed out how the Stoic worldview of virtue in of itself being good makes no sense without the logos despite modern Stoics saying otherwise.

He does still tread on the idea of the highest pleasure being the absence of pain, which is a shame, I can already hear [Cassius](#) blood pressure rising from that. Still, if Stoics have to deal with Andrew Tate, we can deal with a (very sympathetic) misunderstandings.