

# Epicurean Virtue

Post by “Kalosyni” of February 7, 2026 at 9:34 AM

[Quote from wbernys](#)

analysis on virtue as inseparable goods of life

[wbernys](#) Thanks for sharing this here, and this is an interesting project that perhaps all Epicureans should take on -- a project in which we each define the virtues in our own words, and as Epicurean philosophy directs, as the means to which a pleasant life comes to be. And, I would guess that each person will have wording that differs as they describe the virtues -- the virtues are abstract ideas that need to be tied down to concrete experiences, so also in some sense they are "alive" and function in connection with life situations.

Ultimately they can be summed up as "do no harm" both to others and to oneself. Non-harming brings about a good life free from troubles.