

What kinds of goals do Epicureans set for themselves?

Post by “Kalosyni” of January 27, 2026 at 8:39 AM

Another goal that I believe an Epicurean would set for themselves is **to make and maintain friendships**, based on this Principal Doctrine:

27. "Of all the things which wisdom acquires to produce the blessedness of the complete life, far the greatest is the possession of friendship."

You can check out this sub-forum on various aspects of friendship:

[Friendship](#)

And also this specific thread:

Thread

[Cultivation of Friendship within Epicureanism](#)

Principle Doctrine 27:

27. Of all the things that wisdom provides for the complete happiness of one's entire life, by far the greatest is friendship.

Principle Doctrine 27 is very important for a happy life. Modern life is busy with work and family, and yet we all still need friends. So it is very important to take the time and put the effort into making friends and maintaining friendships. Some people might be satisfied with the number and kind of friendships in their lives, but others...



Kalosyni

January 16, 2022 at 8:54 PM

Maintaining long-term friendships takes some effort and commitment. And if friends move away (or you move to a new city) then you need to put effort into making new friends.