

Would It Be Fair To Say That Epicurus Taught "Lower Your Expectations And You'll Never Be Disappointed"?

Post by "Joshua" of January 26, 2026 at 3:43 PM

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Johannes Stobaeus, Anthology, 3.17.24:

Quote

Again from Epicurus: "If you wish to make Pythocles rich, do not give him more money, but diminish his desire."

The question in the thread title is far too broad to be meaningful, but this and other quotes seem relevant.