

# "But when we do not feel pain, we no longer need pleasure"

Post by "Kalosyni" of December 24, 2025 at 5:31 PM

## [Quote from Kalosyni](#)

Now, here is where this seems to be a phrase that seems to be a kind of remedy -- when we are genuinely hungry we will feel pain, and when we no longer feel that pain from hunger then we no longer need the pleasure of eating.

I think that this remedy is only for those who need it, and also worth remembering that the letter mentions that it is not the pleasures of the profligates that are being referred to as pleasures.

Also, we can anticipate that the pleasures of eating, although transitory, they are reoccurring and "easy to get". 😊