

# Defining and Summarizing Epicurean Ethics

Post by “Kalosyni” of December 18, 2025 at 2:46 PM

[Quote from Eikadistes](#)

I'm fond of our *Golden Rule*, which might be a candidate (KD32):

μη βλάπτειν μηδὲ βλάπτεσθαι

neither **harm** nor **be harmed**

Though, that's just the formula for *justice*. The formula for an ethics of pleasure also includes being "*noble*" and "*prudent*", in addition to being "*just*" (KD5). At least, KD32 is a nice line I like to dispense.

Thanks! ...all of that needs to be included in a list of Epicurean ethics.